

2018
March

THE LINK



WEEKEND RIDE

The Official Journal of

***THE MOTORCYCLE ENTHUSIASTS CLUB INC.
GOLD COAST***

Joining good companions in a shared pastime

www.mecgc.club

PO Box 451 238 Mudgeeraba Road
Mudgeeraba Qld 4213 Mudgeeraba Qld 4



MECGC

Motorcycle Enthusiasts Club Gold Coast

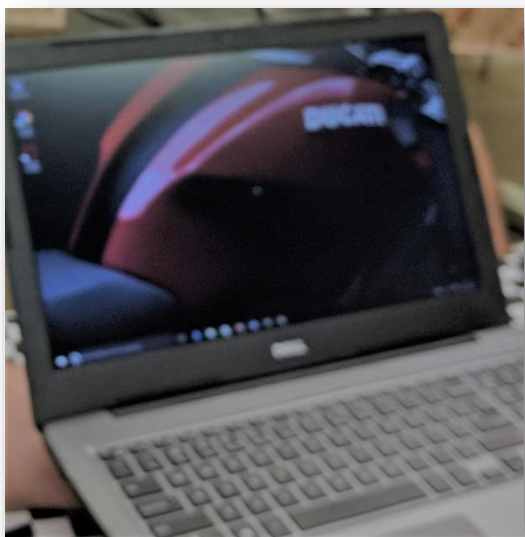
2017-2018 COMMITTEE



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From the Editor



MotoGP has finally arrived. 18th March. Although I have to admit I have been watching the testing at Sepang, Thailand and Qatar.

Miller is looking comfortable on the Ducati.

There have been some great riding adventures within the club.

Mark Mellor has started Wed movie nights. The first happened to coincide with Valentines day.

Meant to be



The Last Wednesday of every month is our club meeting.

See you there

Gail



Waynes Wramble

Hi MEMBERS, We're well into February in fact our monthly meeting is next Wednesday, the 28th.

Last weekend, the 17 and 18th was our 1st WAR ride of the year and one of the best. We had 22 bikes and 30 people, a ute and a car and so much fun except for Guy with a puncture and Graham scratching his bike. Most of you have seen photos on the ride taken by Gary Rankin and thanks to Danny and Steve for organising the ride.

Now we plan to have 4 more this year and we need members to volunteer to run a ride. It takes a team of two people, a fair bit of work but it's so worth it.

So please consider helping the club with this.

Also our AGM is going to come up fast in August.

There will be vacancies for Committee members and Executive Committee members namely President and Secretary.

I've been in the club since 1981 and for years I sat on the side, went on all the rides and helped out a little. Then about 10 years ago, I thought I'll give a bit back to this club and decided to be Vice President.

That was for 4 years and then when the President's chair was vacant, I thought I'd give it a go too.

That was another five years and now I want to stand down and let someone else do the job.

So please give it some thought and talk amongst yourselves. It's a great club and great people in it. We all want to see it continue to run good events and promote motorcycling.

All members are also welcome at our Committee meetings which are on the third Wednesday of the month.

See you all soon, Wayne.

Shiny Side Up



Hello Link Readers, I hope you're getting plenty of time on the bike and enjoying the good weather. I was

speaking to a friend recently who mentioned to me he wanted to do a course because he was getting frights mid corner. I would describe him as an easy going, careful rider, but he is still getting caught by surprise by oncoming traffic when in the twisties.

This is not an uncommon comment I hear from riders. You too may get the occasional fright mid corner. You may not necessarily describe it as a fright, but the sensation was a slight apprehension or mental stall when you came across something unexpected that momentarily caught you off guard. It doesn't have to be a car being over the centre line, it could be one of several other mid-corner hazards like gravel. In some mountain areas where the road does not get full sunlight, you can come across damp patches or even a stream of flowing water running across a dry bend.

When these hazards appear suddenly and mid-corner, it can cause a rider to make an error of skill which can unsettle the bike or worse.

What happens to a rider that gets a fright? The common fright-reactions many riders suffer includes snapping off the throttle. This is often followed by grabbing the front brake too hard. When the bike is upright and travelling straight, these errors may not cause you to lose control of the bike, but add some lean and steer to the bike and those reactions can lead to disaster. One of the other things a rider will do is grip on tighter with the hands, stiffen or lock out their arms and stare directly at the problem. One of our base survival reactions is to stare or fixate on the danger. What is happening to the body now is the effects of survival stress. In more extreme reactions the body suffers a loss of fine motor skills, elevated heart-rate, adrenaline and other chemicals begin to flood the body to help you to survive the life-endangering event. Even your memory and perceptions will become distorted.

The key causal factor here is that the appearance of the hazard was sudden. So sudden the brain couldn't think of the correct responses and actions, all it knew was to survive. I've often said on courses that as the brain shuts down it says to the body "I'll meet you at the hospital later".

So what should you do? Well if you're in that moment sadly there is not much you can do. Prevention is the key. The first step is learning and becoming proficient at knowing what your 6 is at any speed. When riding through the bends, knowing where the limit point of the road is important, but more important is keeping a buffer of 6 seconds ahead. Your speed through a corner should be determined by being able to keep 6 seconds of clear vision ahead. The simple math here is it takes the average person 1.5 to 3 seconds to respond to a hazard, then add the 3 seconds needed to stop.

Notice I used the word “respond”. Earlier, I mentioned what the body’s survival reactions are. We need this 6 seconds of time so we aren’t reacting to the hazard, rather we are responding to the hazard.

What are the responses? A rider who is trailing the rear brake through the curve has the option to add some more rear brake pressure which helps tighten up your line mid-turn without rolling off the throttle.

For mid corner road surface changes, you may not need to slow the bike at all, but adjust your line by taking some lean angle away. Some riders call this picking the bike up or standing it up mid corner. Your posture may not change but the rider physically stands the bike up, allowing the bike to be relatively upright as it crosses the poor surface, and then dropping the bike back down to the lean angle needed for the corner.

Another response could be that you need to stop or significantly slow down. To do this the rider needs to take the lean angle of the bike away by standing the bike up (meaning the bike will go straight). As the rider does this they can roll off the throttle and start to apply front brake. These skills require a rider to be proficient in stopping properly with the front brake. If you’re not proficient, you won’t suddenly become proficient at the sudden appearance of a hazard mid-corner.

All these responses require some element of time to allow you to think of what to do.

Errors of skill resulting from a fright is why Loss of Control is the major crash type riders suffer. To avoid losing control a rider must develop their mental skills as well as their physical skills. Mental skills give you the time and space needed to think and the physical skills gives you the ability to maintain control of the bike while avoiding the hazard.

To learn more about this and get the chance to practice this in a relatively safe environment, call Tony on 5596 5440 and book into our Road Smart 2 course held at Mt Cotton. It is a fantastic day of riding and improving confidence. Whatever your level of riding, you’ll leave the day better than how you started it and you’ll be enjoying your riding even more.

Ray van den Bosch

Senior Instructor

Stay Upright Rider Training (QLD)

Whats News

The Wild raining Saturday morning ride from the club house in four wheels



SA SATURDAY RIDE "RAIN" 27/2/18

FULL NAME	MEMBER	NON MEMBER	CLUB	PILLOW	BIKE
CHRIS ORTON	/				"HYUNDAI"
Wayne Bryan	/				Bedford.
Darryl Van Rosh	/				Paseo
Linda Hibert	/				Fox
Gerry Thomas	/				Celt



Technology

Thanks to Graham for organising the grant and purchase of our club computer.

Love the screen saver



Valentines Day

A Ride, then movies at the club house.



Watched the Troy Baylis documentary.
Great to see some couples turn up for
the movies.



Events

Biker's Breakfast

Saturday 3rd of MARCH 2018 is our next one, then on the first Saturday of every month



Weekly Rides

Members are reminded that they can use their SIV registered bikes on these and any club activity.

Monday ride meeting at Oxenford, Luv a coffee opposite Woolworths at 8am to leave 8.30am.

Thursday ride meeting at our clubhouse 8.30am leave at 9am

Saturday morning ride meeting at clubhouse 7am for a cuppa, leave 8.30am

Club Rooms open every Saturday from 7am rain or shine for coffee before we head out.

Last Saturday is a long ride



Adventure Ride

Join us for the Adventure Ride (ARM). Visit the MECGC Website for more details.

Or Contact Danny



Look at our website for all activities. www.mecgc.club







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Sooo this happened



Love to hear from you of your rides. Email, messenger or txt.

Help stop the blank page

Calendar - March 2018

Sunday	Monday	Tuesday	Wed	Thursday 1	Friday 2	Saturday 3
				9am Club Ride – Club House		7am - Club House Bikers B.Fast
Sunday 4	Monday 5	Tuesday 6	Wed 7	Thursday 8	Friday 9	Saturday 10
	9am - Club Ride Oxenford @ Luv-A Coffee			9am Club Ride – Club House	Friday night ride 6pm Club house	7am - Club House Ride
Sunday 11	Monday 12	Tuesday 13	Wed 14	Thursday 15	Friday 16	Saturday 17
	9am - Club Ride Oxenford @ Luv-A Coffee		Movie Night 'Road' 6:30pm Club House	9am Club Ride – Club House		7am - Club House Ride
Sunday 18	Monday 19	Tuesday 20	Wed 21	Thursday 22	Friday 23	Saturday 24
Black Dog Ride Sharks Helensvale 	9am - Club Ride Oxenford @ Luv-A Coffee			9am Club Ride – Club House		7am - Club House Ride
Sunday 25	Monday 26	Tuesday 27	Wed 28	Thursday 29	Friday 30	Saturday 31
	9am - Club Ride Oxenford @ Luv-A Coffee			9am Club Ride – Club House		7am - Club House Ride

For up to date information on all events log on to www.mecgc.club

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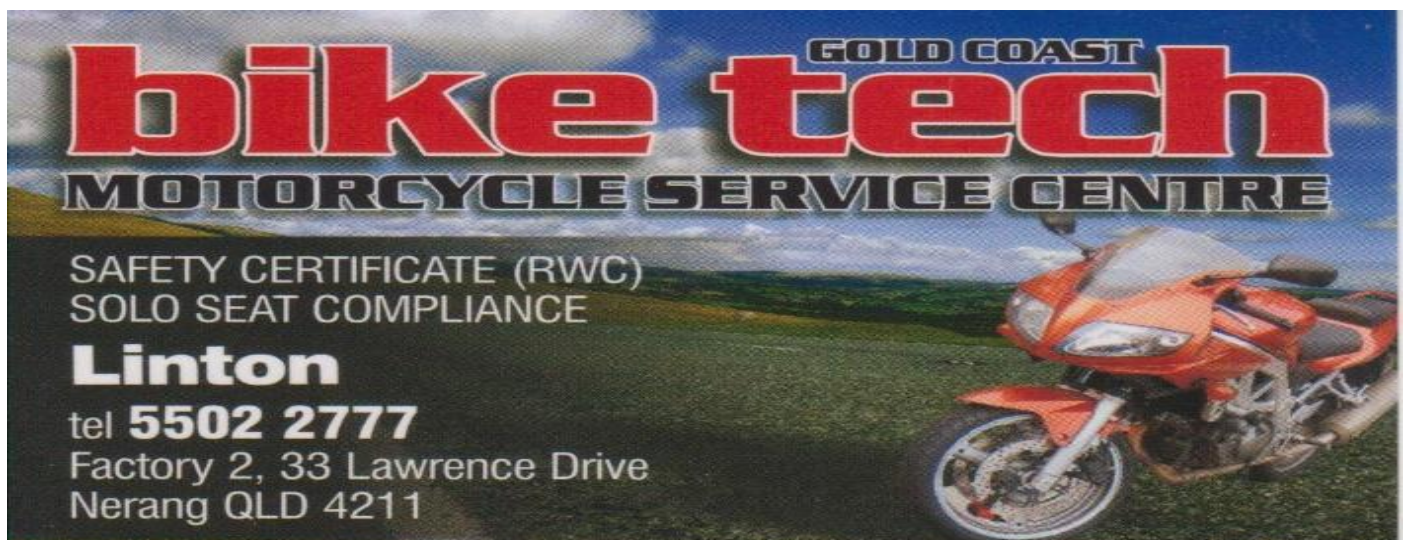
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on www.stayupright.com.au and book in to a Level 1 course.



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THE MOTORCYCLE ENTHUSIASTS CLUB INC.

GOLD COAST

'Joining good companions in a shared pastime'

The Motorcycle Enthusiasts Club has been around for over 30 years. As the name suggests, we are enthusiasts of all forms of motorcycles. In particular, our interest is in classic bikes. Our Club also includes modern bikes, sidecars and trikes. We cater to all ages and forms of motorcycle riding. There is a monthly meeting held on the last Wednesday of each month at our Club rooms:

Heritage Centre, 238 Mudgeeraba Road, Mudgeeraba.

(Entrance to Heritage Village is opposite Milky Way)

Come along and enjoy a cup of tea, coffee or a beer and have a chat with our many experienced riders before the meeting commences at 8.00pm.

We also have guest speakers each month, when available, and these talks are always very interesting and informative.

Enjoy weekly, monthly, weekend and week-long Club runs, as well as other casual rides organised to similar rallies and motorcycle events held by other clubs.

The Link, our Club magazine, is emailed to you monthly. The magazine has information on our Club runs and activities and rallies held by other clubs. There are event and ride reports, photos and articles contributed by our club members.

Articles, photos, items for sale etc. can be emailed to editor@mecgc.club or posted to MECGC Attn: Gail Calder, Editor, P.O. Box 451, Mudgeeraba, 4213.

Articles need to be received by the 25th of each month for publication in the next month.

WWW.MECGC.CLUB

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